

GOLD WING ROAD RIDERS ASSOCIATION



Northeast Region

Chapter PA-S

JULY 2018



Monthly GATHERING - First Saturday of Each Month Breakfast at 8:30 Gathering at 9:30
King's Family Restaurant Sierra Drive (in front of Target) Altoona, PA

Comments from the Chapter Director

Joe & Sally Shedlock

Hi Guys and Girls,

Welcome to another month. Yes, it's July already. Half the year has passed, and you have to wonder where it's gone. Seems like just a few weeks ago old man winter was breathing down our necks. Not much snow but cold and rainy.

Speaking of weather, it seems as though we go from one extreme to another. One day it's so hot you can fry eggs on the sidewalk. Make mine over-easy. As I write this Sunday morning, it's very humid outside and calling for oppressive heat, not very conducive to bike riding. How do you come out on top?

Last weekend, two trikes and a bike headed east to the town of Bloomsburg to join chapter H on their dice run. There were the Boyles, Shedlocks and the lone bike rider, Charles Snyder. Rain was forecast for most of the day and we did get wet but for the most part we dried out. We had a really good time and saw some really pretty farm country. After the ride, they fed us really good. I had some trouble riding because of either my back or my hip and had a rough time getting back but I hope to heal and feel better soon and repeat the ride next year. Jeannie won \$25.00 for having the lowest count for the run. Charlie, Sally and I weren't even close, but good for Jeannie. Someone from Chapter S won something. Charlie & Sally also won door prizes.

Sally and I could not make the ride to Cook's forest yesterday. I'm still pretty sore and I thought it was too hot to ride so here's to Jim and Diane, the Koteas's and Wolf's for braving the elements and doing their thing. Hope you had a good ride. That's really a good ride also.

Beginning in July, we're going to start paying for breakfast for some lucky people at the gathering. We'll still go out for supper monthly, but everyone will pay for their meal. So, order what you want before we draw the breakfast winner. Once the number is drawn, there will be no adding to the bill. See you next Saturday.

Joe & Sally

"Friends for Fun, Safety and Knowledge"

Calendar of Events

JULY 2018

- 7/7 Gathering
Depot at Doolittle's in
Dubois
- 7/8 Ice Cream Ride to Twist
& Shake
- 7/20 to 22 Niagara Falls &
Welland Canal
- 7/28 Austin Dam in Potter
County
- 7/29 Southern Cove Tour

Contents

- Page 1 - CD Comments/Ride
Schedule/Calendar of
Events
- Page 2 - District Education
Region/District Team
- Page 3 - Chapter News/Chapter
Team
- Page 4 - Chapter News/ District
News
Birthdays & Anniversaries
- Pages 5- GWRR Events

Doug Motter -- District Educator

Hi Everyone,

I would like to change the topic this month. I recently encountered something that I have been teaching in CPR/First Aid courses. I want to share an experience about *emotional consideration*.

I was at work recently and was called on my two-way radio to go to the main office for a medical emergency. As I started to enter the building, an individual came rushing out the door calling out that we needed an AED. I looked at him and told him that we have none.

He claimed we did. So, I told him to check the building's lower level for one mounted on the wall. Meanwhile, I continued up a flight of stairs to the dispatch office. Upon entering, I found a number of people arguing about what to do for the gentleman lying on the floor.

I interrupted the bickering and asked if anyone called 911. Then I started to check on the person on the floor. It was someone I had known for years. He looked up at me and said, "Hi Doug." I asked for the room to be cleared so that he could be properly checked for a medical problem; I proceeded to evaluate his condition.



While talking with him – having him answer questions – I realized that he was having a stroke. This is when I started to feel a little helpless. Here I am – someone who has had many years of training – and all I could do is sit beside him and comfort him until EMS arrived.

After my co-worker was taken to the hospital, I started to feel sick and very disturbed. Realizing what was happening to me, I found one of the supervisors and asked him if we could talk. He was also feeling very emotional; he was the first one to arrive at the office to help. As one of my former CPR/First Aid students, he understood and shared my sense of powerlessness. We talked...and it helped!

Emotions are something that should not be ignored. Negative emotional responses may include:

- 1- Feeling abandoned or helpless
- 2- Recalling the event over and over
- 3- Self-doubt or a feeling that you have not done something correctly
- 4- Having difficulty concentrating
- 5- Experiencing heaviness in the chest
- 6- Suffering with an upset stomach
- 7- Having difficulties sleeping or having nightmares

If you experience these or similar problems, you need to share your feelings. Talk to someone you can trust to listen without judgement. Get back to a normal routine as soon as possible. If the problems persist, you may want to seek professional help. It is important to recognize - and properly react to - the emotions that may result following an emergency situation.

Remember to be seen and have FUN getting there!

Doug Motter
Pennsylvania District Educator

National Team

www.gwrra.org

800-843-9460

President: Anita Alkire
president@gwrra.org

District Team

www.gwrrapadist.org

District Director:

Harold and Diane Jackson
Jackson2@zoominternet.net
814-589-1307

Assistant District Directors: (C-S-T-W)

Brownie and June Statler
fstatz@comcast.net
724-777-5572

Assistant District Directors: (A-B-V-K-Y)

Mike and Shirley Prince
mikep@gwrrapav.org
717-495-5400

District Educator:

Doug and Cyndy Motter
prosemi2017@gmail.com
717-226-3153

Membership Enhancement:

Pat Delo
patdelo27@gmail.com
814-328-5133

Treasurer:

Sharon and Ed Golanka
barnyardgang@zoominternet.com
724-938-7876

District University Coordinators:

Gerry and Bonnie Vanart
bgvanart@msn.com
570-764-1280

Assistant Trainers:

Tim and Crystal Brakebill
12wingnut@zoominternet.net
412-779-1532

Roll for the Dough:

Bonnie and Gerry Vanart
rollforthedough@gmail.com
570-764-1280

District Couple of the Year:

Dana and Danise Hartle

Chapter 5 News

JUNE GATHERING

Joe welcomed twenty members to the May Gathering. Guests were District Directors, Harold and Diane Jackson and 6 members of the Christian Motorcycle Association

Charlie is participating in the Geisinger Ride. Member donated to sponsor him. Bikers for Barkers Ride is scheduled for tomorrow.

Door Prizes were won by Mel, Tanya, John (CMA), Jake and Arlene. Dick also took home \$47.50 from the 50/50.

Sally tried her luck with the Marble Game but pulled out a black one. She missed taking home \$35.00.

PROGRESSIVE DRAWING

Progressive Drawing started over this month. Trav Young missed out on the \$20. Next month, the pot is worth \$25.

Take ME Out to the Ball Game

It was a nice surprise to have the Chapter pay for the tickets to the Altoona Curve Game on Tuesday, June 26. In attendance for the double header were the Shedlocks, Kosteas, Lewises, Millers, Lawsons, and Heffelfingers. The Curve won both games against the Senators and the fireworks lit up the skies at the end of the games.

COOKS FOREST RIDE



It was hot! We have been waiting for a decent weather day to ride since we have had so many rainy days. We hated to forgo the ride just because it was to be in the nineties. We met at the Sheetz in Patton at 9. The first half of the ride was almost cool since the road was tree lined. The closer we got to noon the warmer it was. We stopped at Subway for subs and

headed for a picnic table along the Clarion River in Cooks Forest State Park. We spent an hour watching the canoes, kayaks, and tubers floating by. We enjoyed seeing the dogs in their own floatation devices as comfy as could be. We then headed toward Belltown to finish the river ride. We came home by way of 322 and several stops to get a cool drink and rewet our cooling cloths for around our necks.



Chapter Team

Chapter Directors:
Joe and Sally Shedlock
jfssps@verizon.net
814-696-3450

Chapter Treasurer:
Bob Koteas
ckoteas@windstream.net
814-687-4132

Membership Enhancement:
Diane Heffelfinger
jchdch@atlanticbb.net

Chapter Goodies:
Michelle Carpinello
carpinello@verizon.net

Card Committee:
Pat Gunsallus
Ewebblessed2@atlanticbb.net
814-515-4369

Newsletter Editor:
Diane Heffelfinger
jchdch@atlanticbb.net
814-943-1392



Roll for the Dough Points

Chapter S submitted our picture from the Chapter H Dice Run and earned 1 points for being there. Chapter PA-S now has 5 points.

GWRRA NEWS: Taken from the District Newsletter:

District Director:

July 2018



Many of us have been wondering where is summer? I guess summer is here; as I write this article the temperature is 90 degrees. And guess what; summer is on time. The first day of summer is June 21st.

Happy 4th of July to everyone! The 4th of July is a celebration and often referred to as Independence Day. Thank you to our military and first responders that keep us safe so, we can enjoy our independence and freedom.

We just attended All Chapters West. Thank you, PA-P, for hosting the event and for a job well done. The weekend had a great ride, good food and FUN! Those that attend had time for socializing and were able to sit around campfires. The weather cooperated, and we had a dry weekend. For those that did not attend, hopefully, you will consider attending next year's All Chapters West or go to All Chapters East this year.

If you are not signed up to attend All Chapters East, July 27-29th at the Old Mill Stream Campground, Lancaster, PA please contact Jim Burr payellowtrike@gmail.com. Our host chapter PA-B has a great weekend planned.

Have you made plans to attend Wing Ding 40? It is the National Rally being held in Knoxville, TN. The last couple of years Wing Ding has been on the western half of the USA. Knoxville is a great area to visit, is a great area to ride and it is practically in our backyard.

Pennsylvania has been selected to sell tickets on Wednesday, August 29th at Wing Ding. We need a few more volunteers to fill time slots. Please give us a call at 814-589-1307 or email us at jackson2@zoominternet.net if you have time to volunteer. Thank you if you have already volunteered!

Have you looked at the PA District events calendar? There are many great rides and events listed; you and your chapter should consider attending an event that is listed.

We have noticed there are not many events listed on the events calendar as there were at the beginning of the year. We know many chapters have FUN events and outings planned. Let's get your chapter events listed so everyone is aware as to what is happening in the district.



July

- 9 – Jean Stuckey
- 17 – George Snoberger
- 18 – Tiffany Wolf
- 24 – Brenda Wolf
- 29 – Anita Stoner



July

- July 5, 1974
Randy & Deb Rupert
- July 15, 1967
Ken & Jeannie Rightour
- July 16, 1977
Jim & Diane Heffelfinger

It is important for all of us to remember that riding and socializing are an important part of chapter life. So, let's go ride!

Remember to always ride safe!

Harold and Diane Jackson, Your PA District Directors

Chapter PA-S 2018 RIDE SCHEDULE

Month of July

7/7 Gathering, Depot at Doolittle's, Dubois

7/8 Ice Cream Ride, Twist & Shake

7/20,21,22 Niagara Falls, Welland Canal

7/28 Austin Dam in Potter County

7/29 Southern Cove Tour

Month of August

8/4 Gathering, Route 30 Tour

8/18 Picnic, Prince Gallitzin Star Park

8/25 Hiawatha Paddle Boat, Williamsport

2018 Upcoming District Events

www.gwrrapadist.org

July 2018

27 – 29 - All Chapters East Lancaster, PA

2018 District and National Happenings

July 2018

26-28 – NE Rally Southbury, CT

August 2018

28 – Sept 1 WingDIng 40 Knoxville, TN

September 2018

20-22 – NY District Rally Watertown, NY

"Friends for Fun, Safety and Knowledge"

**GOLD WING ROAD
RIDERS ASSOCIATION**



Joe and Sally Shedlock
Chapter Directors
1905 Mill Rd.
Duncansville, PA 16635

JULY 2018

Chapter PA-S

ALTOONA, PA

NORTHEAST REGION

MONTHLY GET TOGETHER

FIRST SATURDAY of each Month

King's Restaurant

Sierra Drive (in front of Target)

Eat at 8:30 AM

Gathering at 9:30 AM